

Republic of the Philippines
NATIONAL NUTRITION COUNCIL

NNC GOVERNING BOARD
Resolution No. 2, Series of 2012

**Approving the Revised Implementing Guidelines
on Operation Timbang *Plus* (OPT *Plus*)**

Whereas, nutrition plays a vital role in an individual's growth and development with growth as a measure of an individual's health and nutritional well-being;

Whereas, two methods of growth assessment in communities in the Philippines are being implemented, namely; Growth Monitoring and Promotion (GMP), the individual child regular growth monitoring for counseling and intervention, and the conduct of mass weighing referred to as Operation Timbang (OPT);

Whereas, OPT *Plus* is the annual mass weighing with the addition of the measurement of length or height of all preschool children aged 0-71 months old in a community to identify and locate families with malnourished preschool children, and determine the overall nutrition situation in the area every 1st quarter of the year;

Whereas, the "*Plus*" in OPT *Plus* refers to the:

1. Inclusion of length and height measurement in the conduct of OPT *Plus* because using weight and length or height in combination can help best describe a child's nutritional status in terms of stage of deterioration of nutritional status of the child;
2. Effort of the OPT Team to come up, through a group-coordinated effort, with only one set of OPT *Plus* data for consistency among the different functionaries and groups;
3. Extra effort of local nutrition committees, particularly members of Community Health Teams, to jointly discuss, analyze and utilize the OPT *Plus* results for identification of actions to address the malnutrition problem in the locality; and
4. Use of the Child Growth Standards (CGS) as the country's standard for growth assessment of children as the single international standard that represents the best physiological growth for all children from birth to five years of age and establish the breastfed infant as the normative model for growth and development as stipulated in NNC Governing Board Resolution No. 2, S 2008, "Adoption of the New WHO Child Growth Standards for Use for Children 0-5 years old in the Philippines".

NNC GOVERNING BOARD
Resolution No. 2, Series of 2012

Approving the Revised Implementing Guidelines on Operation Timbang *Plus* (OPT *Plus*)

NOW THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED, in consideration of the above premises, we the National Nutrition Council Governing Board hereby approve the revised implementing guidelines on OPT *Plus*;

FURTHER RESOLVED that the following actions be pursued to support the implementation of the revised implementing guidelines on OPT *Plus*;

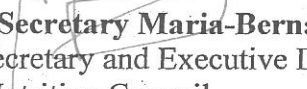
1. For agencies including but not limited to the Department of Health (DOH), Department of Social Welfare and Development (DSWD), Department of Education (DepED), and Department of the Interior and Local Government to issue the department-wide order in support of this Board Resolution; and
2. The National Nutrition Council (NNC) Secretariat and the National Center for Disease Prevention and Control of the DOH to lead in the conduct of orientation among local government functionaries on the revised implementing guidelines on OPT *Plus* to ensure its consistent adoption; and
3. The NNC Secretariat, with support from the DOH, DSWD, DepED, and Department of Science and Technology to ensure the availability of calibrated weighing scales and verified height boards.

Approved this 12th day of January 2012.



ENRIQUE T. ONA, MD
Secretary of Health and Chairperson
National Nutrition Council Governing Board

Attested:



Assistant Secretary Maria-Bernardita T. Flores, CESO II
Council Secretary and Executive Director IV
National Nutrition Council